INFANT MENU

MONTH:

YEAR:

Wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Breakfast: (WG) oatmeal cereal, banana, infant formula /breastmilk Lunch: rice/cereal, carrots, /infant formula /breastmilk Snack: teething biscuit, banana, infant milk/breastmilk	*Breakfast*: (WG) oatmeal cereal, applesauce, infant formula /breastmilk Lunch: rice / cereal, peas, infant formula /breastmilk Snack: teething biscuit, applesauce, infant formula /breastmilk	Breakfast: (WG) oatmeal cereal, blueberries, infant formula /breastmilk Lunch: rice / cereal, sweet potato, infant formula /breastmilk Snack: teething biscuit, blueberries, infant formula /breastmilk	Breakfast: (WG) oatmeal cereal, squash, infant formula /breastmilk Lunch: rice / cereal, green beans, infant formula /breastmilk Snack: teething biscuit, squash, infant formula /breastmilk	Breakfast: (WG) oatmeal cereal, sweet potato, infant formula /breastmilk Lunch: applessauce, infant turkey, infant formula /breastmilk Snack: teething biscuit, sweet potato, infant formula /breastmilk
2	*Breakfast:* (WG) oatmeal cereal, blueberries, infant formula /breastmilk Lunch: peas, rice/cereal /infant formula /breastmilk *Snack*: blueberries, teething biscuit infant milk/breastmilk	Breakfast: (WG) oatmeal cereal, applesauce, infant formula/breastmilk Lunch:applesauce, infant turkey, infant formula/breastmilk Snack: teething biscuit, applesauce, infant formula/breastmilk	*Breakfast:* (WG) oatmeal cereal, sweet potato, infant formula/breastmilk *Lunch:* rice/cereal, infant carrots, infant formula/breastmilk *Snack: teething biscuit*, sweet potato, infant formula/breastmilk	*Breakfast:* (WG) oatmeal cereal, banana, infant formula/breastmilk *Lunch*: infant sweet potatoes, rice /cereal, infant formula/breastmilk *Snack*: teething biscuit, banana, infant formula/breastmilk	*Breakfast*: (WG) oatmeal cereal, squash, infant formula/breastmilk *Lunch*: rice/cereal, green beans, infant formula/breastmilk *Snack*: teething biscuit, squash, infant formula/breastmilk
3	Breakfast: (WG) oatmeal cereal, banana, infant formula /breastmilk Lunch: rice/cereal, carrots, /infant formula /breastmilk Snack: teething biscuit, banana, infant milk/breastmilk	*Breakfast*: (WG) oatmeal cereal, applesauce, infant formula /breastmilk Lunch: rice / cereal, peas, infant formula /breastmilk Snack: teething biscuit, applesauce, infant formula /breastmilk	Breakfast: (WG) oatmeal cereal, blueberries, infant formula /breastmilk Lunch: rice / cereal, sweet potato, infant formula /breastmilk Snack: teething biscuit, blueberries, infant formula /breastmilk	Breakfast: (WG) oatmeal cereal, squash, infant formula /breastmilk Lunch: rice / cereal, green beans, infant formula /breastmilk Snack: teething biscuit, squash, infant formula /breastmilk	Breakfast:(WG) oatmeal cereal, sweet potato, infant formula /breastmilk Lunch: applesauce, infant turkey, infant formula /breastmilk Snack: teething biscuit, sweet potato, infant formula /breastmilk
4	*Breakfast:* (WG) oatmeal cereal, blueberries, infant formula /breastmilk Lunch: peas, rice/cereal /infant formula /breastmilk *Snack*: blueberries, teething biscuit infant milk/breastmilk	Breakfast: (WG) oatmeal cereal, applesauce, infant formula/breastmilk Lunch:applesauce infant turkey, infant formula/breastmilk Snack: teething biscuit, applesauce, infant formula/breastmilk	*Breakfast:* (WG) oatmeal cereal, sweet potato, infant formula/breastmilk *Lunch:* rice/cereal, infant carrots, infant formula/breastmilk *Snack: teething biscuit*, sweet potato, infant formula/breastmilk	*Breakfast:* (WG) oatmeal cereal, banana, infant formula/breastmilk *Lunch*: infant sweet potatoes, rice /cereal, infant formula/breastmilk *Snack*: teething biscuit, banana, infant formula/breastmilk	*Breakfast*: (WG) oatmeal cereal, squash, infant formula/breastmilk *Lunch*: rice/cereal, green beans, infant formula/breastmilk *Snack*: teething biscuit, squash, infant formula/breastmilk
5	Breakfast: (WG) oatmeal cereal, banana, infant formula /breastmilk Lunch: rice/cereal, carrots, /infant formula /breastmilk Snack: teething biscuit, banana, infant milk/breastmilk	*Breakfast*: (WG) oatmeal cereal, applesauce, infant formula /breastmilk Lunch: rice / cereal, peas, infant formula /breastmilk Snack: teething biscuit, applesauce, infant formula /breastmilk	Breakfast: (WG) oatmeal cereal, blueberries, infant formula /breastmilk Lunch: rice / cereal, sweet potato, infant formula /breastmilk Snack: teething biscuit, blueberries, infant formula /breastmilk	Breakfast: (WG) oatmeal cereal, squash, infant formula /breastmilk Lunch: rice / cereal, green beans, infant formula /breastmilk Snack: teething biscuit, squash, infant formula /breastmilk	Breakfast: (WG) oatmeal cereal, sweet potato, infant formula /breastmilk Lunch: applesauce,infant turkey, infant formula /breastmilk Snack: teething biscuit, sweet potato, infant formula /breastmilk